Zera Shimshon

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Chapter XXXVI: Beha'alotecha (Num. 8:1–12:16)

Essay 3. The prohibition against non-sacrificial meat

לַת טַעַם לָמָה לְאוֹתוֹ הַדּוֹר דַּוְקָא אָסר הקב"ה בְּשֵׂר תַּאָוָה, מַה שֶׁלֹּא אָסר לַדּוֹרוֹת הַבָּאִים, שֶׁמֵאחֵר שֶׁזָכוּ לְרָאוֹת הקב"ה "פָּנִים בְּפָנִים" עַל הַר סִינֵי וְלִשְׁמוֹעַ קּוֹלוֹ אֵינוֹ מָן הָרָאוּי שֶׁיִשְׁלוֹט בָּהֶם רְמָה וְתוֹלְעָה, כְּמוֹ שָׁאָמְרוּ זַ"ל שֶׁלֹּא שָׁלְטָה בָּהֶם רְמָה וְתוֹלְעָה וְכוּ' וְלָכֵן לֹא רָצָה שֶׁיִרְבּוּ בַּאָכִילַת בָּשָׂר, דַּתְנַן "מַרְבָּה בָשָׁר, מַר שָׁרָ, מָה שָׁלָא שָׁלְטָה בָּהֶם רְמָה וְתוֹלְעָה וְכוּ' וְלָכֵן לֹא רָצָה שֶׁיִּרְבּוּ בַּאָכִילַת בָּשָׂר, דַּתְנַן "מַרְבָּה בָשָׂר, מַרְבָּה רַמָּה", וְרַק הִתִּיר לָהֶם אֲכִילַת בַּשֹּׁר בָּהֶם רְמָה וְתוֹלֵעָה וְכוּי וְלָכֵן לֹא רָצָה שִׁיִרְבּוּ בַּאָכִילַת בָּשָׂר, דַתְנַן "מַרְבָּה בָשָׁר, מָרָבָה רָמָה", וְרָק הַתִּיר לָהָם אַכִילַת בַּשׁר הַקַקּוּבָּלִים שֶׁכָּל מַה שָׁאָדָם אוֹכַל בִּסְעוּדַת מִצְוָה וּבְיוֹם טוֹב אַינוֹ נַעֲשָׁה רִמָּה, וְזֶה לֹא שִׁיָּדְ לָדוֹרוֹת הַבָּאִים.

It is necessary to give a reason why for that generation the Holy One, Blessed be He, forbade the Israelites from eating non-sacrificial meat,¹ which He did not forbid for the future generations. That is, after they merited to see the Holy One, Blessed be He, face-to-face on Mount Sinai² and to hear His voice, it was not proper for a worm and maggot to prevail over them. This is as [the rabbis] of blessed memory said, that worm and maggot would not prevail over them.³ Therefore, He didn't want them to increase their eating of meat, for it was taught in a Mishnah that Hillel said, "the more flesh, the more worms."⁴ He only permitted to them the eating of meat of the consecrated animals, which was something holy and which did not become profane, as the Kabbalists wrote, that everything that a man eats at a festive meal and on a holiday does not transform into a worm.⁵ This restriction was not relevant to the future generations, who had not experienced G-d face-to-face.

ַוְעוֹד מִטַּעַם אַחֵר נָמֵי אָסַר לָהֶם בְּשֵׂר תַּאָנָה שֶׁלְפִי שֶׁנִּדְבְּקוּ בְּה' בַּמַעֲמָד הַר סִינֵי "וְאַתֶּם הַדְּבַקִים" וְכוּ', אָסַר לָהֶם הַבָּשָׂר כְּדֵי שָׁלֹא יִתְמַשְׁכוּ אַחַר הַיֵּצֶר הָרַע, שֶׁאֵין אֲרִי נוֹהֵם אֶלָּא מִתּוֹדְ קוּפָּה שֶׁל בְּשֵׂר.

Also, from another reason, He also forbade the non-sacrificial meat to them because they had become attached to G-d while standing at Mount Sinai, as it is said, "while you, who held fast to the L-rd, your G-d, are all alive today."⁶ He forbade meat for them, in order that

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¹ Literally, "meat of desire," as opposed to meat of sacrificial animals. Cf. Chullin 16b-17a.

² Deut. 5:4: "Face-to-face the L-rd spoke to you on the mountain, out of the fire."

³ Pirkei deRabbi Eliezer 41:17: "Rabbi Pinchas said: All that generation who heard the voice of the Holy One, Blessed be He, on Mount Sinai, were worthy to be like the ministering angels. They did not see any seminal drop in their lifetime, and no lice ruled over them. Upon their death, neither worm nor maggot prevailed over them." Contrast this with the later generations, for which Pirkei Avot 3:1 states: "Where are you going? To a place of dust, of worm and of maggot."

⁴ Pirkei Avot 2:7.

⁵ Eliyahu de Vidas (1518–87), *Reishit Chochma*, Sha'ar haKedusha, chapter 15.

⁶ Deut. 4:4.

they would not be pulled after the evil inclination, for "a lion does not roar [standing] over a basket of straw [from which he derives no pleasure], but [he roars standing] over a basket of meat."⁷

וְזֶהוּ דְּאָמְרינַן בְּמִדְרָשׁ יַלְמוּט עַל פָּסוּק "מִי יַאָכַלַנוּ בָּשָׂר", וְכִי מִפְנֵי שֶׁלֹא הָיָה לָהֶם בַּשֹׂר הָיוּ מִתְרַעֲמִים, אָלָא שֶׁהָיוּ מְבַקְשִׁים וְזָמָה דְּנָקָא בְּבָשָׁר הָיוּ מָבַקְשִׁים עַלילָה. אָלָא שָׁהָיוּ מָבַקְשִׁים עַלילָה לַפְרוֹשׁ מַאַחֲבִי הַמָּמְוֹם. וְקַשֶׁה מָה עַלילָה הָיוּ מְבַקְשִׁים וְלָמָה דַּוְקָא בְּבָשָׁר הָיוּ מְבַקְשִׁים עַלילָה. אָלָא לָפִי שָׁהקב"ה עַלילָה לפְרוֹשׁ מַאַחֲבִי הַמָּקוֹם. וְקַשֶּׁה מָה עַלילָה הָיוּ מְבַקְשִׁים וְלָמָה דַּוְקָא בְּבָשָׁר הָיוּ מְבַקְשִׁים עַלילָה. אָלָא לָפִי שָׁהקב"ה לא הִתִּיר לָהֶם בְּשׁׁר מַאָנָה כְּדֵי שֶׁלֹּא יִשְׁלוֹט בָּהֶם יֵצֶר הָרַע. וְהֵם אַדְרַבָּא הָיוּ רוֹצִים וּמִתְאוּים לָאֲכוֹל בָּשָׂר כְּדֵי שָׁיּשׁלוֹט בָּהֶם יַצֶר הָרַע, כְּמוֹ שָׁהִתְאוּוּ בַּאֲכִילַת הַקִישׁוּאין שָׁהַקִישׁוּאים הָם מוֹלידִים חָמְריּוּת וְעֹרָרָיוֹת בַּשֵּׁכָל שָׁל בְּנֵי אָדָם. וּמִשוּוּם הָכִי לא יַצָּר הַרַע, כְּמוֹ שְׁהַתְאוּוּ בַאֲכִילַת הַקישׁוּאין שָׁהַקִישוּוּאים הָם מוֹלידִים חָמְריּוּת וְעֹרָרָיוֹת בַּשֵּׁכָל שָׁל בְּנֵי אָדָם. וּמִשוּוּם הָכִי לא רַצָּה הקב"ה שָׁיִטְעָמוּ טַעָּמָם בְּמָן שָּהָין אָהָקוּם הַשָּרָית הַין מְהָרָשָׁוּים אַזּדָרָשָּרָים הַמָּשִים בּמָיוֹם בָּבָּרָים הַיּישָׁרוּים הָינוּ מָיָרָריוֹת בַשָּכוּ לָשָרוּים לָאָכוּים בָּשָּר בּיָרוֹים לָאָרוּט בָּהָם יַשִיר הָשָּרוּ הַעָּרָים הַיּוּישָרָרוּים בָּשָּריה הַיָּרָם בּבָּשִים בָיוּר הָים הַינ בַעָּרָיוּה הַיּשְׁרָים הַיּוּ שָׁהָרָה הַיּים בַאַין בּאַים בָּמָן בַיָּשָּר מָהַין בָּים הָיוּ אָבָקים בַיוּי

This is what is said in Midrash Yalkut Shimoni on the verse, "The riffraff in their midst felt a gluttonous craving; and then the Israelites wept and said, 'If only we had meat to eat!' "⁸ The Midrash askes, "Is it because they had no meat that they were resentful? Rather, they were only seeking a pretext to separate from following the Omnipresent."⁹ A difficulty is what pretext were they seeking, and why specifically because of non-sacrificial meat were they seeking a pretext? Rather, it was because the Holy One, Blessed be He, didn't permit them non-sacrificial meat in order that the evil inclination wouldn't rule over them. They, to the contrary, had wanted and desired to eat cucumbers,¹⁰ because the cucumbers gave birth to severity and troubles in the intellect of a human being.¹¹ Because of this, the Holy One, Blessed be He, didn't want them to taste the taste of *manna*, which was a pure and clean food, but they were seeking a pretext etc., and they wanted to separate from following the Omnipresent, for they knew that the prohibition against meat came to them because of their attachment to Him, may He be Blessed, as they were standing at Mount Sinai.

וּבְשַׁבָּת כֶּרֶק כָּל כִּתְבֵי אָמְרינֵן כּּוּרְעָנוּת רָאשׁוֹנָה מַאי הִיא "וַיָּסְעוּ מֵהֵר ה' ", וְאָמַר ר' חָמָא בְּר' חַנִינָא שֶׁסָרוּ מַאַחֲרֵי ה', וּפֵרַשׁ רַשִׁ"י בְּתוֹך שְׁלוֹשָׁה יָמִים לְמַסָּעָם הִתְאוּוּ הָאָסקּסוּף תַּאֲנָה לְהִתְרַעֵם עַל הַבָּשָׂר כְּדֵי לְמְרוֹד בְּה'. וְהַרַמְבּ"ן בְּפֵירוּשׁוֹ הַקְשָׁה עָלָיו לְכִי שֶׁהַפּוּרְעַנוּת שֶׁל תַּאָנָה כְּתוּבָה בְּפָרָשָׁה אַחֵר "וַיָּהי הָעָם כְּמַתְאָנָנִים"

In tractate Shabbat, the 16th chapter, entitled, "All sacred writings," there is a discussion about two verses Num. 10:35–36 that are bracketed with an inverted *nun*, and which are considered to rightfully belong elsewhere in the Bible. The question arose why these verses were moved here, and one answer is that it was in order to demarcate between the first punishment and the second punishment. It is said:

⁷ Berachot 32a.

⁸ Num. 11:4.

⁹ Yalkut Shimoni on Torah 732:1.

¹⁰ Num. 11:5: "We remember the fish that we used to eat free in Egypt, the cucumbers, the melons, the leeks, the onions, and the garlic."

¹¹ The word *[kishu'in]* is related to *[kasheh]* ["difficult"], and Rashi on Num. 11:5 says that cucumbers are injurious to pregnant women and nursing mothers. However, the translator has not located a source indicating a connection between cucumbers and harm to the intellect.

What is the second punishment [that appears immediately afterward]? [The verse:] "And the people complained [wickedly in God's ears, and God heard and became angry, and the fire of God burned in them and it consumed the edge of the camp]" (Num. 11:1). What is the first punishment? [The verse:] "And they traveled from the mountain of G-d [me'har Hashem] for three days" (Numbers 10:33), and Rabbi Chama, son of Rabbi Chanina, said: That they turned from after G-d [me'acharei Hashem] [and hurriedly fled Mount Sinai].

- Shabbat 116a

And Rashi explained on this Gemara that within three days of their journey, the riffraff felt a gluttonous craving to complain for meat in order to rebel against G-d. The Ramban, in his explanation questioned this, because the punishment for the craving is written in a different section, viz, Num. 11:1, "The people took to complaining bitterly..."

וְחוּץ מִמֶּה שֶׁתֵירֵץ שֵׁם הָרְאָ"ם, לְפִי דַּרְכֵּנוּ אָתֵי שֵׁפִּיר, שֶׁעִנְיָן סָרוּ מֵאַחֲרֵי ה' וְעִנְיָן שְׁאֵלֵת הַבָּשָׂר הוּא הַכּּל עִנְיָן אֶחָד, שֶׁהָיוּ רוֹצִים לְהְתַרַחֵק מֵהַקְדוּשָׁה וּלְהִתְדַּבֵּק בְּנֵצֶר הָרַע וּבַטוּמְאָה. וְאֵינָם שְׁתֵּי פּוּרְעָנֵיוֹת כְמוֹ שֶׁחָשֵׁב שָׁם הַרַמְבֵּ"ן זַ"ל, אֶלָּא "וַיְהִי הָעָם כְּמִתְאֹנְנִים" הוּא פּוּרְעַנוּת אֶחָד וְהַשֵּׁנִי הוּא "וַיִּסְעוּ מֵהַר ה' " וְהוּא עַצְמוֹ אוֹתוֹ שֶׁל הָאֲסַפְּוּף.

And apart from what the Re'em¹² explained there, according to our way of understanding it is fine, that the issue of turning away from G-d and the question of the people's desire for meat is all one issue, that they wanted to distance themselves from holiness and become attached to the evil inclination and to spiritual impurity. There are not two punishments as the Ramban of blessed memory thought there, rather "the people took to complaining bitterly" is one punishment and the second is "And they traveled from the mountain of G-d," and that itself is the same as the riffraff.

וְנִיחָא שֵׁפִּיר לְשׁוֹן הַגְּמָרָא לְפִי דַּרְכּוֹ שֶׁל רַשִׁ"י זַ"ל, דְקָאָמַר תְּחִלָּה פּוּרְעָנוּת שְׁנִיָה מַאי הִיא וְהָדָר מְפָרֵשׁ פּוּרְעָנוּת רְאשׁוֹנָה מאי הִיא וְכוּ' וְהַנָה לֵיה לְמֵימַר תְּחִלָּה פּוּרְעָנוּת רִאשׁוֹנָה מַאי הִיא. וּמִשׁוּם הָכִי הַפְּסִיק הָעִנְיָן בֵּין אֵלוּ הַפּוּרְעָנִיּוּת בָּאוֹת הַנוּ"ן, לְפִי שֶׁרָצוּ לְהַתְרַחֵק מִנוּ"ן שֶׁל הַקְדוּשָׁה וּלְהַדְבַּיק בָּנוּ"ן שֶׁל הַיֵּצָר הָרַע דְּהַיְינוּ נָחָשׁ מְנוּזְרוֹת.

The language of the Gemara is very convenient according to the way of understanding of Rashi of blessed memory, saying first "what is the second punishment," and then explaining "what is the first punishment." It should have said first, "what is the first punishment." Because of that, the matter between these punishments was separated by the letter *nun*, having a Gematria of 50, because they wanted to distance from the *nun*, the 50th level, of holiness and to become attached to the *nun*, the 50th level, of the evil inclination,¹³ which is the primordial serpent that seduced Eve, and therefore there are the letters *nun* that are reversed or differentiated.

 $^{^{12}}$ Rabbi Elijah Mizrachi (c. 1455 – c. 1526) ("Re'em"), Talmudist, posek, and mathematician, best known for *Sefer ha-Mizrachi*, a supercommentary on Rashi's commentary on the Torah.

¹³ The Kabbalists teach of 50 gates, or levels, of wisdom [binah], as well as 50 levels of spiritual impurity. For example, see Chaim ibn Attar (1696–1743), Moroccan Kabbalist and Talmudist, *Or ha'Chaim*, Ex. 3:8.

וּמַה שָׁאָמְרוּ "וְעַתָּה נַפְשׁנוּ יְבַשָּׁה אֵין כּּל בִּלְתִּי אֶל־הַמָּן עֵינֵינוּ", אָמְרינַן בְּכֶרָק מְפַנִּין דְמִי שֶׁהקּיז דָם אוֹתוֹ הַיוֹם צָרִיהְ לָאֲכוֹל בָּשָׁר וְלְשָׁתוֹת יַיַן, בָּשָׁר מִשׁוּם נַפְשָׁא חַלָף נַפְשָׁא, יַיִן מִשׁוּם סוּמָקָא חָלָף סוּמָקַא. וְלָבן אָמְרוּ יִשְׂרָאַל כְּשָׁאָנוּ מוֹצָאִים עַצְמַנוּ שָׁ"נַפְשׁנוּ יְבַשָּׁה" מֵרוֹב טוֹרֵם הַדֶּרָך אוֹ מַחַמַת דָּבָר אַחַר, הַתַּקַנָה יוֹתֵר טוֹבָה הִיא לָאֲכוֹל בָּשָׂר מִשׁוּם נַפְשָׁא חָלָף נַפְשָׁא. וְיַשְׁנוּ יְבַשָּׁה" מֵרוֹב טוֹרֵם הַדֶּרָך אוֹ מַחַמַת דָּבָר אַחַר, הַתַּקַנָה יוֹתֵר טוֹבָה הִיא לָאֲכוֹל בָּשָׂר מִשׁוּם נַפְשָׁא חָלָף נַפְשָׁא. וְשִׁינוּ יְבַשְׁה" מֵרוֹב טוֹרֵם הַדֶּרָך אוֹ מַחַמַת דְּבָר אַחַר, הַתַּקָנָה יוֹתַר טוֹבָה הִיא לָאֲכוֹל בָּשָׁר מִשׁוּם נַפְשָׁא חָלָף נַפְשָׁא. וְשִׁין כָּלּי כְּלוֹמַר אֵין לָנוּ כָּל צַרְכֵי הַסְעוּדָה הִצְרִיךָ לָנוּ, שָׁאֵין לָנוּ בָּשָׁר. וְאָם תּאמר אין לָנוּ בָּלוֹמַר אַין לָנוּ כָּשָׁר הַצָּרִידָ לָנוּ יָבוּמָן

Regarding what they said, "Now our souls are shriveled; there is nothing at all; nothing but this *manna* to look to,"¹⁴ it is said in the 18th chapter of tractate Shabbat entitled, "One may move," that one who undergoes bloodletting needs to eat meat and drink wine the same day, "meat because a soul replaces a soul," i.e., the meat from the animal replenishes the person's strength, and "wine because [the] red replaces [the] red," i.e., the red wine assists in the replenishment of the person's blood.¹⁵ Therefore, Israel said, when we exert ourselves such that "our souls are shriveled" from the exertion of the way or because of some other matter, the better solution is to eat meat, because "a soul replaces a soul." Also, "there is nothing," as if to say that we don't have the necessities of the meal that we need, that we do not have meat. If you will say that we taste in the *manna* all manner of tastes and that the *manna* alone will suffice, isn't it the case that the wine won't suffice, because we specifically want wine, and to the contrary, the *manna* is white,¹⁶ and this is the meaning of "nothing but this *manna* to look at."

וּלְפִי הָאֲמֶת לֹא שַׁיָּדְ בֵּיה נַפְּשָׁא חָלַף נַפְּשָׁא וְלֹא סוּמָקָא כְּלָל, וְזֶהוּ שֶׁפֵּרֵשׁ רַשִּׁ"י "בֵּין־פָּאָרָן וּבֵין־תּּפָל וְלָבָן", הוֹכִיחָן עַל הַדְּבָרִים שֶׁתָּפְלוּ עַל הַמָּן, שָׁהוּא לָבָן. וְהַטַּעַם שֶׁהזְכִּיר חָטָאָם בְּמַה שָׁתַּפְלוּ עַל הַמָן שָׁהוּא לָבָן דַוְקָא, יֵשׁ לוֹמַר דְּבְפֶרֶק י"ג דְּכְתוּבוֹת אָמְרִינֵן טוֹב הַמֵּלְבִּין שִׁינַיִם לַחֲבֵירוֹ יוֹתֵר מִמַּשְׁקָהוּ חָלָב. וְהַמֵּלְבִּין שִׁינַיִם רָצָה לוֹמַר שְׁנוֹתֵן לוֹ מוּעָט בְּסֵבֶר פָּנִים יַפּוֹת וְהוֹאִיל שֶׁבְּכָאן הקב"ה נָתַ[ו] לָהֶם בְּסַבֶר פָּנִים יָפוֹת לָכֶן הָיָה לָבָן לְרְמוֹז עַל זָה וְאַינִים רָצָה לוֹמַר שְׁנוֹתֵן לוֹ מוּעָט בְּסַבֶר פָּנִים יַפּוֹת, וְהוֹאִיל שֶׁבְּכָאן הקב"ה נָתַ[ו] לָהֶם בְּסַבָר פָּנִים יָפוֹת לָכָן הָיָה לָבָן לְרְמוֹז עַל זָה וָאַי

In truth, "a soul replaces a soul" and wine is not relevant at all here, and this is as Rashi explained on "These are the words that Moses addressed to all Israel on the other side of the Jordan—through the wilderness, in the Arabah near Suph, between Paran and between Tophel, and Laban, Hazeroth, and Di-zahab"¹⁷:

R. Yochanan said: We have gone through the whole Bible and we have found no place the name of which is Tophel or Laban! But the meaning is that [Moses] reproved them because of the words by which they defamed [טפלו] [taphlu] the manna, which was white [לבו] [davan] in color . . .

- Rashi on Deut. 1:1

¹⁴ Num. 11:6.

¹⁵ Shabbat 129a.

¹⁶ Ex. 16:31: "The house of Israel named it *manna*; it was like coriander seed, <u>white</u>, and it tasted like wafers in honey."

¹⁷ Deut. 1:1.

The reason that [Moses] remembered their sin in which they defamed the *manna*, and specifically because it was white, it can be said that in the 13th chapter of tractate Ketubot it is said by Rabbi Yochanan, "The one who whitens his teeth to his friend [by smiling at him] is better than one who gives him milk to drink." "The one who whitens his teeth" means to say that he gives [his friend] somewhat of "a pleasant countenance,"¹⁸ and since here the Holy One, Blessed be He, gave them a pleasant countenance, therefore [the *manna*] was white in order to hint this, nevertheless they made defamatory statements.

וַעֲלֵיהֶם אָמַר הַכָּתוּב "רָב־אֹכֶל נִיר רָאשִׁים וְגַשׁ נִסְפֶּה בְּלֹא מִשְׁפָט", דְּקַשֶׁה מַהוּ "וְיֵשׁ נִסְפֶּה", דְּאָם שֵׁיָּיךּ לְרֵישֵׁיה דְקֶרָא הָיָה לו לוֹמַר "וְנַסְפֶּה בְּלֹא מִשְׁפָּט", וּמִדְּקַאָמַר "וְיֵשׁ", נַרְאָה שֶׁהוּא עִנְיָן אַחֵר וְאֵיךָ מִתְקַשׁר

About them, the Scripture said, "The fallow ground of the poor yields much food; but there is substance swept away without justice."¹⁹ The difficulty is what is this "but there is substance"? If it is relevant to the beginning of the verse, it should have said, "The fallow ground of the poor yields much food, but it is swept away without justice." Since it said, "there is substance," it appears that there is a different matter, and how is it connected to the beginning of the verse?

וִיוּבַן בַּמַּאי דְאִיתָא בְּחוֹשֶׁן מִשְׁפָט (סִימָן שצ"ג סְעִיף ב') הִכְנִיסָן שֶׁלֹא בִּרְשׁוּת וַאֲכָלָתַן בְּהֶמְתּוֹ שֶׁל בַּעַל הַבַּיִת וְהוּוְקָה בַּאֲכִילָתָן, בַּעַל הַפֵּירוֹת פָּטוּר, דְאִיבְּעִי לָה שֶׁלֹא תּאכַל. וּמִשׁוּם הָכִי אָמַר "וְיֵשׁ", שֶׁדִינוֹ כִּרְהַמָה שֶׁכְּבָר יֵשׁ לָה זֶה הַדִּין, שֶׁבֵּיוָן שָׁאוֹבַל יוֹתַר מִדַּאי עַד שֶׁהוּוּק בַּאֲכִילָתוֹ הוּא "נִסְפֶּה בְּלֹא מִשְׁפָט" מִפְּנֵי שֶׁהָיָה לוֹ שֶׁלֹא יאכַל.

This will be understood by what is brought in the Shulchan Aruch, Choshen Mishpat (siman 393, se'if 2), "If the person brought produce [into a courtyard] without permission, and an animal belonging to the owner of the courtyard ate it and suffered injury because it ate it, the owner of the produce is not liable, because the animal should not have eaten it."²⁰ Because of this, it says "but there is substance," that its law is like the animal that already had this judgment, that since it ate more than was appropriate until it was injured from its eating, it is "swept away without justice," because it should not have eaten.

וּבְדֶרֶהְ זָה יוּבֵן הַפָּתוּב "יאֹכְלוּ עֲנָוִים וִישְׁבָּעוּ יְהַלְלוּ ה' דֹּרְשָׁיו" וְכוּ', דְקַשָּׁה מָה עִנְיָן זָה לְזָה. וְיֵשׁ לוֹמַר שֶׁאָמְרוּ זַ"ל שָּׁאֵין יַצֶּר הָרַע שׁוֹלֵט בָּאָדָם אָלָא מִתּוֹדְ אֲכִילָה וּשְׁתִיָּה. וְכֵן כְּתִיב "פָּן־תּאכַל וְשָׁבַעְתַּ" וְכוּ וּכְשָׁאָכַל אָדָם וְשָׁבַע יֵשׁ לְחוּשׁ פֶּן יִגְבַר עָלָיו הַיֵּצִר וְיִשְׁכַּח אֶת ה'.

In this way the Scripture will be understood, "Let the humble eat and be satisfied; let all who seek the L-rd praise Him; may your hearts live forever!"²¹ It is difficult to understand

¹⁸ Pirkei Avot 1:15.

¹⁹ Prov. 13:23.

²⁰ This is also in the Rambam's *Mishneh Torah*, Damages to Property 3:14.

²¹ Ps. 22:27.

what one thing, i.e., the humble eating, has to do with another, i.e., seeking and praising G-d? Also, what is the significance of the ending blessing, "may your <u>hearts</u> live forever"?

It can be said that [the rabbis] of blessed memory said that the evil inclination only rules over a man while eating and drinking.²² Similarly, it is written, "When you have eaten your fill, and have built fine houses to live in, and your herds and flocks have multiplied, and your silver and gold have increased, and everything you own has prospered, beware lest your heart grow haughty and you forget the L-rd, your G-d."²³ When a man has eaten and he is satisfied, there is a fear lest his evil inclination get the best of him and he forget G-d.

אָמְנָם אָמְרוּ הַמְּקוּבָּלִים שָׁאֵין בְּכָל הַמִּדּוֹת הַטּוֹבוֹת יוֹתֵר חֲשׁוּבָה מַהָעֲנָוָה וּכִדְאָמְרינַן בְּפֶרֶק קַמָּא דְעֲבוֹדָה זָרָה עֲנָוָה גְּדוֹלָה מְכַּלְם דְכְתִיב "יַעַן מָשׁח" וְכוּ' "לְבַשֵּׂר עֲנָוִים", צַדִּיקִים וְחַסִידִים לא נָאֲמר אָלָא "עֲנָוִים".וְהַטּעַם הוּא לפִי שֶׁהְעָנָוָה מחַלישׁ מִכּלָם דְכְתִיב "יַעַן מָשׁח" וְכוּ' "לְבַשֵּׂר עֲנָוִים", צַדִּיקִים וְחַסִידִים לא נָאֲמר אָלָא "עֲנָוִים".וְהַטּעַם הוּא לפִי שֶׁהְעָנָוָה מחַלישׁ פֹּחוֹ שֶׁל יֵצֶר הָרַע, שֶׁעֲנָוָה בּגִימַטְריָּא סַמָּאַ"ל, וְאֵין לוֹ פֹּחַ לְהַחָטִיאוֹ, וְאָם כֵּן מִי שֶׁהוּא עָנָו יָכוֹל לְאֲכוֹל וְלִשְׁבּוֹע וְאֵין פָּחַד שָׁיְהַגְבָר עָלָיו הַיֵּצָר וְיִשְׁכָּח אֶת ה', אֶלָּא אַף עַל פִּי שֶׁאָכַל וְשָׂבַע יִהְיָה יָכוֹל לְהַלֵּל אָת ה' וְלְדְרוֹשׁ אוֹתוֹ וְלֹא יִשְׁכָחָהוּ, וְזֶהוּ "יִחִי לְבַבְכֵם לְעַדִ", שָׁאַתַר שָׁאָכן וְשָׁתָה, יֵשׁ לוֹ שָׁתֵּי לְבָבוֹת אַבָל הָרַע נַעֲשָׁה לוֹ טוֹב.

But this fear does not exist for one who is truly humble. Indeed, the Kabbalists said that among the best character traits, nothing is greater than humility.²⁴ Also, as it says in the first chapter of tractate Avodah Zarah (20b), "humility is greater than all, as it is written, 'because the L-rd has anointed me, to announce good news to the humble.'²⁵ It doesn't say '[the] righteous and pious,' rather 'the humble.'"

The reason for this is because humility weakens the power of the evil inclination, for the gematria of "humility" is 131, the same as that of "Samael," the angel of death, and he has no power to make [the humble person] sin. If so, one who is humble is able to eat and to be satiated and has no fear that the evil inclination will get the better of him and that he will forget G-d. Rather, even though he ate and was satiated, he will be able to praise G-d and to seek Him and not to forget Him. This is the meaning of "may your hearts live forever," that after [the humble person] ate and drank, he has two hearts. This alludes to the verse, "You shall love the L-rd, your G-d, with all your hearts,"²⁶ which Berachot 54a explains means "with your two inclinations, with your good inclination and your evil inclination." Thus, even though eating and drinking may lead an average person to sin, a truly humble person is not at risk, and his evil heart has become a good heart for him.

* * *

²² Zohar I:110a (Vayera 21:318).

²³ Deut. 8:12–14.

²⁴ Moshe Cordovero (1522–70), Tomer Devorah (Venice 1588), chapter 2.

²⁵ Isaiah 61:1.

²⁶ Deut. 6:5.